

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Event 1 Women 100 LC Meter Butterfly**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Timed Finals

| | | | | |
|---|------------------|----|-----------------------------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | Pearce, Trina | 37 | Ottawa Pinecrest Piranhas | 3:00.00 |
| 4 | Desjardins, Gail | 60 | Nepean Masters Swim Club | 2:20.00 |
| 5 | Davis, Angela | 62 | Carleton University Masters | 2:20.00 |
| 6 | Waldie, Mae | 75 | Pointe-Claire Masters | 3:58.00 |
| 7 | | | | |

Heat 2 of 3 Timed Finals

| | | | | |
|---|-------------------|----|-----------------------------|---------|
| 1 | Ranjan, Radhika | 41 | Carleton Place Masters | 2:00.00 |
| 2 | Rusu, Liliana | 53 | Carleton Place Masters | 1:55.93 |
| 3 | Levett, Jennifer | 38 | Westmount Ymca Masters | 1:48.00 |
| 4 | Buckner, Wendy | 51 | Technosport Swim & Tri Club | 1:40.00 |
| 5 | Cockerton, Sharon | 51 | Nepean Masters Swim Club | 1:45.00 |
| 6 | Ouimet, Robyn | 33 | Westmount Ymca Masters | 1:53.00 |
| 7 | Angus, Patricia | 66 | Technosport Swim & Tri Club | 1:57.00 |

Heat 3 of 3 Timed Finals

| | | | | |
|---|------------------------|----|-----------------------------|---------|
| 1 | Baxter, Peggy | 55 | Nepean Masters Swim Club | 1:30.00 |
| 2 | Evans, Meredith | 27 | Westmount Ymca Masters | 1:23.80 |
| 3 | Marshall, Lynn | 49 | Carleton University Masters | 1:15.00 |
| 4 | Belair Jones, Nathalie | 37 | Nepean Masters Swim Club | 1:22.00 |
| 5 | Lemieux, Valerie | 37 | Technosport Swim & Tri Club | 1:30.00 |
| 6 | Jones, Aimee | 29 | Nepean Masters Swim Club | 1:34.89 |
| 7 | | | | |

Event 2 Men 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Timed Finals

| | | | | |
|---|------------------|----|-------------------------------|---------|
| 1 | Cordoba, Oliver | 36 | Westmount Ymca Masters | 1:15.00 |
| 2 | Fudge, Nathan | 31 | Carleton University Masters | 1:10.00 |
| 3 | Milliard, Daniel | 29 | Aurora Master Ducks Swim Club | 1:02.00 |
| 4 | Dick, Scott | 39 | Technosport Swim & Tri Club | 1:08.00 |
| 5 | Tunney, Jim | 46 | Swim Ottawa | 1:12.00 |
| 6 | Thomson, Eric | 62 | Nepean Masters Swim Club | 1:25.00 |
| 7 | | | | |

Event 3 Women 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Timed Finals

| | | | | |
|---|-------------------|----|--------------------------------|----|
| 1 | | | | |
| 2 | | | | |
| 3 | Devine, Alexandra | 18 | Ottawa Swimming West Y Masters | NT |
| 4 | Fera, Lisa | 51 | Sudbury Ys Guys Masters | NT |
| 5 | Fera, Nikki | 27 | Sudbury Ys Guys Masters | NT |
| 6 | | | | |
| 7 | | | | |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Heat 2 Timed Finals... (Event 3 Women 100 LC Meter Backstroke)**

| | | | | |
|---|-------------------|----|-----------------------------|---------|
| 1 | | | | |
| 2 | Obrien, Sally | 67 | Nepean Masters Swim Club | 2:08.00 |
| 3 | Zirger, Brigitte | 58 | Nepean Masters Swim Club | 1:51.34 |
| 4 | Ward, Ann | 55 | Ottawa Pinecrest Piranhas | 1:45.00 |
| 5 | Laurence, Carrier | 34 | Westmount Ymca Masters | 1:45.00 |
| 6 | Khan, Amna | 33 | Technosport Swim & Tri Club | 1:53.00 |
| 7 | Davis, Angela | 62 | Carleton University Masters | 2:10.00 |

Heat 3 of 3 Timed Finals

| | | | | |
|---|---------------------|----|--------------------------------|---------|
| 1 | Iannucci, Judy | 54 | Aurora Master Ducks Swim Club | 1:35.34 |
| 2 | Mcdowell, Gillian | 41 | Aurora Master Ducks Swim Club | 1:35.00 |
| 3 | Mignault, Raphaëlle | 21 | Ottawa Y Masters Swim Club | 1:23.00 |
| 4 | Cole, Michelle | 41 | Stittsville Vicious Fish Maste | 1:30.00 |
| 5 | Farkas, Jamie | 25 | Aurora Master Ducks Swim Club | 1:35.30 |
| 6 | Heffernan, Tina | 42 | Pointe-Claire Masters | 1:45.00 |
| 7 | | | | |

Event 4 Men 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Timed Finals

| | | | | |
|---|---------------------|----|--------------------------------|---------|
| 1 | | | | |
| 2 | Fogerty, Doug | 76 | Soo Masters Polar Bears | 3:20.00 |
| 3 | Chown, Ralph | 71 | Arnprior Greyfish Masters | 2:15.00 |
| 4 | Mohaupt, Wolfgang | 70 | Ottawa Swimming West Y Masters | 1:50.00 |
| 5 | Chrysochou, Stelios | 48 | Aurora Master Ducks Swim Club | 2:00.00 |
| 6 | Levesque, Gilles | 47 | Nepean Masters Swim Club | 2:30.00 |
| 7 | Roy, Manuel | 30 | Westmount Ymca Masters | NT |

Heat 2 of 2 Timed Finals

| | | | | |
|---|------------------|----|--------------------------------|---------|
| 1 | Leach, Peter | 65 | Technosport Swim & Tri Club | 1:34.00 |
| 2 | Dixon, Brent | 51 | Stittsville Vicious Fish Maste | 1:20.34 |
| 3 | Mccarthy, Chris | 43 | Technosport Swim & Tri Club | 1:10.00 |
| 4 | Blais, Darcy | 33 | Nepean Masters Swim Club | 1:18.00 |
| 5 | Twohig, John | 60 | Burlington Masters | 1:26.00 |
| 6 | Barnes, Geoffrey | 69 | Arnprior Greyfish Masters | 1:50.00 |
| 7 | | | | |

Event 5 Women 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Timed Finals

| | | | | |
|---|-----------------|----|-----------------------------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | Dumont, Sylvie | 30 | Nepean Masters Swim Club | NT |
| 4 | Carlyle, Muriel | 85 | 1000 Islands Y Swim Masters | 1:27.31 |
| 5 | Smrek, Donna | 45 | Sudbury Ys Guys Masters | NT |
| 6 | | | | |
| 7 | | | | |

Heat 2 of 5 Timed Finals

| | | | | |
|---|--------------------|----|-------------------------------|---------|
| 1 | | | | |
| 2 | Janelle, Henriette | 79 | Nepean Masters Swim Club | 1:20.00 |
| 3 | Obrien, Sally | 67 | Nepean Masters Swim Club | 52.00 |
| 4 | Duckworth, Cheryl | 49 | Aurora Master Ducks Swim Club | 51.01 |
| 5 | Cardinal, Liliane | 61 | Pointe-Claire Masters | 51.93 |
| 6 | Harper, Trina | 37 | Nepean Masters Swim Club | 1:10.00 |
| 7 | | | | |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Heat 3 Timed Finals... (Event 5 Women 50 LC Meter Freestyle)**

| | | | | |
|---|-------------------|----|--------------------------------|-------|
| 1 | Ranjan, Radhika | 41 | Carleton Place Masters | 50.00 |
| 2 | Deguire, Danielle | 39 | Club des Maitres les Daulphins | 45.00 |
| 3 | Cumming, Peggy | 66 | Ottawa Y Masters Swim Club | 43.00 |
| 4 | Leung, Alice | 23 | Ottawa Pinecrest Piranhas | 40.00 |
| 5 | Ouimet, Robyn | 33 | Westmount Ymca Masters | 42.50 |
| 6 | Harris, Jennifer | 38 | Nepean Masters Swim Club | 45.00 |
| 7 | Hassen, Dawna | 37 | Arnprior Greyfish Masters | 50.00 |

Heat 4 of 5 Timed Finals

| | | | | |
|---|------------------------|----|-------------------------------|-------|
| 1 | Pearce, Trina | 37 | Ottawa Pinecrest Piranhas | 39.00 |
| 2 | Jemmett, Wendy | 43 | Ottawa Pinecrest Piranhas | 37.00 |
| 3 | Jones, Aimee | 29 | Nepean Masters Swim Club | 35.75 |
| 4 | Iannucci, Judy | 54 | Aurora Master Ducks Swim Club | 34.00 |
| 5 | Belair Jones, Nathalie | 37 | Nepean Masters Swim Club | 34.50 |
| 6 | Bakish, Margaret | 61 | Technosport Swim & Tri Club | 37.00 |
| 7 | Ferenczy, Monika | 44 | Nepean Masters Swim Club | 38.13 |

Heat 5 of 5 Timed Finals

| | | | | |
|---|---------------------|----|-------------------------------|-------|
| 1 | Merritt, Cathy | 58 | Nepean Masters Swim Club | 33.70 |
| 2 | Mignault, Raphaëlle | 21 | Ottawa Y Masters Swim Club | 33.00 |
| 3 | Keppie, Nathalie | 38 | Nepean Masters Swim Club | 30.00 |
| 4 | Baxter, Peggy | 55 | Nepean Masters Swim Club | 32.00 |
| 5 | Mcilwaine, Tracey | 39 | Technosport Swim & Tri Club | 34.00 |
| 6 | Bayne, Kate | 32 | Aurora Master Ducks Swim Club | 34.00 |
| 7 | | | | |

Event 6 Men 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Timed Finals

| | | | | |
|---|---------------------|----|-------------------------------|---------|
| 1 | | | | |
| 2 | Mate, Stephen | 32 | Ottawa Pinecrest Piranhas | NT |
| 3 | Tombler, George | 86 | Carleton University Masters | 1:10.00 |
| 4 | Chrysochou, Stelios | 48 | Aurora Master Ducks Swim Club | 50.00 |
| 5 | Chen, George | 38 | Nepean Masters Swim Club | 50.00 |
| 6 | Burrows, John | 62 | Nepean Masters Swim Club | NT |
| 7 | | | | |

Heat 2 of 6 Timed Finals

| | | | | |
|---|------------------|----|----------------------------|-------|
| 1 | Yip, Terry | 60 | Nepean Masters Swim Club | 44.00 |
| 2 | Pain, Peter | 67 | Ol-Henry Masters | 42.37 |
| 3 | Robertson, Brian | 63 | Nepean Masters Swim Club | 41.00 |
| 4 | Barnes, Geoffrey | 69 | Arnprior Greyfish Masters | 40.00 |
| 5 | Allen, Davin | 40 | Ottawa Y Masters Swim Club | 40.00 |
| 6 | Morrison, John | 64 | Ol-Henry Masters | 41.48 |
| 7 | Haug, Dale | 56 | Nepean Masters Swim Club | 43.00 |

Heat 3 of 6 Timed Finals

| | | | | |
|---|-------------------|----|--------------------------------|-------|
| 1 | Blackburn, Marcel | 63 | Club des Maitres les Daulphins | 39.48 |
| 2 | Roy, Manuel | 30 | Westmount Ymca Masters | 38.00 |
| 3 | Deane, Barry | 31 | Sudbury Ys Guys Masters | 37.00 |
| 4 | Lalic, Peter | 35 | Kanata Masters Swim Club | 35.00 |
| 5 | Hosny, Ahmed f. | 67 | Unattached | 36.00 |
| 6 | Colpitts, Charles | 66 | Nepean Masters Swim Club | 38.00 |
| 7 | Chown, Ralph | 71 | Arnprior Greyfish Masters | 39.00 |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Heat 4 Timed Finals... (Event 6 Men 50 LC Meter Freestyle)**

| | | | | |
|---|---------------------|----|--------------------------------|-------|
| 1 | Willies, Bob | 68 | Nepean Masters Swim Club | 35.00 |
| 2 | Sweny, Michael | 60 | Nepean Masters Swim Club | 34.50 |
| 3 | Perrin, Marshall | 56 | Ottawa Pinecrest Piranhas | 34.00 |
| 4 | Heath-eves, Michael | 68 | Technosport Swim & Tri Club | 33.00 |
| 5 | Coulas, David | 50 | Nepean Masters Swim Club | 33.00 |
| 6 | Olsen, Michael | 68 | Technosport Swim & Tri Club | 34.00 |
| 7 | Amos, Bruce | 64 | Ottawa Swimming West Y Masters | 35.00 |

Heat 5 of 6 Timed Finals

| | | | | |
|---|-------------------|----|-------------------------------|-------|
| 1 | Sasseville, Andre | 45 | Pointe-Claire Masters | 32.00 |
| 2 | Rogers, Phil | 60 | Technosport Swim & Tri Club | 31.00 |
| 3 | Leach, Peter | 65 | Technosport Swim & Tri Club | 31.00 |
| 4 | Bloom, Steve | 41 | Nepean Masters Swim Club | 30.60 |
| 5 | Leger, Tom | 49 | Aurora Master Ducks Swim Club | 31.00 |
| 6 | Leamen, Paull | 67 | Technosport Swim & Tri Club | 31.00 |
| 7 | Udall, Rick | 53 | Carleton Place Masters | 32.00 |

Heat 6 of 6 Timed Finals

| | | | | |
|---|------------------|----|-------------------------------|-------|
| 1 | Tunney, Jim | 46 | Swim Ottawa | 29.00 |
| 2 | Fudge, Nathan | 31 | Carleton University Masters | 28.00 |
| 3 | Milliard, Daniel | 29 | Aurora Master Ducks Swim Club | 26.00 |
| 4 | Belchamber, Eric | 32 | Ottawa Y Masters Swim Club | 27.87 |
| 5 | Doucette, Barry | 50 | Nepean Masters Swim Club | 28.80 |
| 6 | Dodgson, Philip | 43 | Aurora Master Ducks Swim Club | 30.00 |
| 7 | | | | |

Event 7 Women 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Timed Finals

| | | | | |
|---|--------------------|----|--------------------------------|---------|
| 1 | Devine, Alexandra | 18 | Ottawa Swimming West Y Masters | NT |
| 2 | Milford, Wendy | 49 | Technosport Swim & Tri Club | NT |
| 3 | Carlyle, Muriel | 85 | 1000 Islands Y Swim Masters | 1:58.97 |
| 4 | Harper, Trina | 37 | Nepean Masters Swim Club | 1:30.00 |
| 5 | Janelle, Henriette | 79 | Nepean Masters Swim Club | 1:30.00 |
| 6 | Schmitt, Laura | 51 | Sudbury Ys Guys Masters | NT |
| 7 | Dumont, Sylvie | 30 | Nepean Masters Swim Club | NT |

Heat 2 of 3 Timed Finals

| | | | | |
|---|-------------------|----|-------------------------------|---------|
| 1 | Naiman, Sheila | 80 | Ottawa Y Masters Swim Club | 1:18.53 |
| 2 | Niblett, Patricia | 78 | Technosport Swim & Tri Club | 1:02.00 |
| 3 | Cumming, Peggy | 66 | Ottawa Y Masters Swim Club | 50.06 |
| 4 | Temple, Karen | 44 | Aurora Master Ducks Swim Club | 47.00 |
| 5 | Hall, Dorothy | 53 | Aurora Master Ducks Swim Club | 48.00 |
| 6 | Ferenczy, Monika | 44 | Nepean Masters Swim Club | 52.25 |
| 7 | Obrien, Sally | 67 | Nepean Masters Swim Club | 1:05.00 |

Heat 3 of 3 Timed Finals

| | | | | |
|---|------------------|----|--------------------------------|-------|
| 1 | Cole, Michelle | 41 | Stittsville Vicious Fish Maste | 46.24 |
| 2 | Buckner, Wendy | 51 | Technosport Swim & Tri Club | 45.00 |
| 3 | Ritcey, Karen | 46 | Markham Masters Swim Club | 43.94 |
| 4 | Horne, Carolyn | 39 | Nepean Masters Swim Club | 43.00 |
| 5 | Deacon, Sue | 48 | Aurora Master Ducks Swim Club | 43.93 |
| 6 | Grant, Fiona | 50 | Technosport Swim & Tri Club | 44.00 |
| 7 | Bakish, Margaret | 61 | Technosport Swim & Tri Club | 45.00 |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010
In Memory of Gordon Van Tol
Meet Program - Morning

Event 8 Men 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------------|---------------------|-----|--------------------------------|-----------|
| Heat 1 of 4 Timed Finals | | | | |
| 1 | | | | |
| 2 | | | | |
| 3 | Tombler, George | 86 | Carleton University Masters | 1:20.00 |
| 4 | Morrison, John | 64 | Ol-Henry Masters | 54.31 |
| 5 | Fogerty, Doug | 76 | Soo Masters Polar Bears | 1:19.00 |
| 6 | | | | |
| 7 | | | | |
| Heat 2 of 4 Timed Finals | | | | |
| 1 | | | | |
| 2 | Blackburn, Marcel | 63 | Club des Maitres les Daulphins | 51.56 |
| 3 | Mohaupt, Wolfgang | 70 | Ottawa Swimming West Y Masters | 50.00 |
| 4 | Allen, Davin | 40 | Ottawa Y Masters Swim Club | 50.00 |
| 5 | Yip, Terry | 60 | Nepean Masters Swim Club | 50.00 |
| 6 | Deane, Barry | 31 | Sudbury Ys Guys Masters | 51.00 |
| 7 | | | | |
| Heat 3 of 4 Timed Finals | | | | |
| 1 | Colpitts, Charles | 66 | Nepean Masters Swim Club | 48.00 |
| 2 | Robertson, Brian | 63 | Nepean Masters Swim Club | 46.00 |
| 3 | Lalic, Peter | 35 | Kanata Masters Swim Club | 45.00 |
| 4 | Willies, Bob | 68 | Nepean Masters Swim Club | 44.00 |
| 5 | Sweny, Michael | 60 | Nepean Masters Swim Club | 44.00 |
| 6 | Grattage, Christian | 38 | Aurora Master Ducks Swim Club | 45.00 |
| 7 | Rogers, Phil | 60 | Technosport Swim & Tri Club | 47.00 |
| Heat 4 of 4 Timed Finals | | | | |
| 1 | Sasseville, Andre | 45 | Pointe-Claire Masters | 42.00 |
| 2 | Leger, Tom | 49 | Aurora Master Ducks Swim Club | 40.00 |
| 3 | Dodgson, Philip | 43 | Aurora Master Ducks Swim Club | 37.00 |
| 4 | Marineau, Luc | 39 | Club des Maitres les Daulphins | 40.00 |
| 5 | Oliver, Eric | 47 | Aurora Master Ducks Swim Club | 40.00 |
| 6 | Udall, Rick | 53 | Carleton Place Masters | 42.00 |
| 7 | | | | |

Event 9 Women 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|---------------------------------|-------------------|-----|-------------------------------|-----------|
| Heat 1 of 4 Timed Finals | | | | |
| 1 | | | | |
| 2 | | | | |
| 3 | Fera, Nikki | 27 | Sudbury Ys Guys Masters | NT |
| 4 | Smrek, Donna | 45 | Sudbury Ys Guys Masters | NT |
| 5 | Garlough, Joanne | 38 | Cornwall Sea Lions Masters | NT |
| 6 | Naiman, Sheila | 80 | Ottawa Y Masters Swim Club | 4:40.00 |
| 7 | | | | |
| Heat 2 of 4 Timed Finals | | | | |
| 1 | | | | |
| 2 | Cardinal, Liliane | 61 | Pointe-Claire Masters | 4:16.21 |
| 3 | Niblett, Patricia | 78 | Technosport Swim & Tri Club | 3:57.00 |
| 4 | Harris, Jennifer | 38 | Nepean Masters Swim Club | 3:40.00 |
| 5 | Duckworth, Cheryl | 49 | Aurora Master Ducks Swim Club | 3:50.65 |
| 6 | Khan, Amna | 33 | Technosport Swim & Tri Club | 4:05.00 |
| 7 | Fera, Lisa | 51 | Sudbury Ys Guys Masters | NT |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Heat 3 Timed Finals... (Event 9 Women 200 LC Meter Freestyle)**

| | | | | |
|---|-------------------|----|-------------------------------|---------|
| 1 | Farkas, Jamie | 25 | Aurora Master Ducks Swim Club | 3:18.23 |
| 2 | Temple, Karen | 44 | Aurora Master Ducks Swim Club | 3:15.00 |
| 3 | Heffernan, Tina | 42 | Pointe-Claire Masters | 3:15.00 |
| 4 | Mcdowell, Gillian | 41 | Aurora Master Ducks Swim Club | 3:05.00 |
| 5 | Zirger, Brigitte | 58 | Nepean Masters Swim Club | 3:10.00 |
| 6 | Laurence, Carrier | 34 | Westmount Ymca Masters | 3:13.11 |
| 7 | Leung, Alice | 23 | Ottawa Pinecrest Piranhas | 3:15.00 |

Heat 4 of 4 Timed Finals

| | | | | |
|---|----------------------|----|-----------------------------|---------|
| 1 | Robertson, Kelly | 47 | Kanata Masters Swim Club | 3:01.00 |
| 2 | Mcilwaine, Tracey | 39 | Technosport Swim & Tri Club | 2:53.00 |
| 3 | Grant, Fiona | 50 | Technosport Swim & Tri Club | 2:36.00 |
| 4 | Stewart, Carolyn | 48 | Technosport Swim & Tri Club | 2:36.00 |
| 5 | Merritt, Cathy | 58 | Nepean Masters Swim Club | 2:38.00 |
| 6 | Lemieux, Valerie | 37 | Technosport Swim & Tri Club | 2:53.00 |
| 7 | Desmarais, Catherine | 30 | Technosport Swim & Tri Club | 3:00.00 |

Event 10 Men 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Timed Finals

| | | | | |
|---|----------------|----|-----------------------------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | Pain, Peter | 67 | Ol-Henry Masters | 3:38.00 |
| 4 | Olsen, Michael | 68 | Technosport Swim & Tri Club | 3:00.00 |
| 5 | | | | |
| 6 | Mate, Stephen | 32 | Ottawa Pinecrest Piranhas | NT |
| 7 | | | | |

Heat 2 of 2 Timed Finals

| | | | | |
|---|---------------------|----|-----------------------------|---------|
| 1 | Bloom, Steve | 41 | Nepean Masters Swim Club | 3:00.00 |
| 2 | Leamen, Paul | 67 | Technosport Swim & Tri Club | 2:45.00 |
| 3 | Pincott, Graham | 46 | Nepean Masters Swim Club | 2:35.00 |
| 4 | Dick, Scott | 39 | Technosport Swim & Tri Club | 2:10.00 |
| 5 | Mccarthy, Chris | 43 | Technosport Swim & Tri Club | 2:15.00 |
| 6 | Heath-eves, Michael | 68 | Technosport Swim & Tri Club | 2:43.00 |
| 7 | | | | |

Event 24 Mixed 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Timed Finals

| | | | | |
|---|--------------------|-----|-------------------------------|---------|
| 1 | Waldie, Mae | W75 | Pointe-Claire Masters | 5:15.00 |
| 2 | Desjardins, Gail | W60 | Nepean Masters Swim Club | 4:50.00 |
| 3 | Khan, Amna | W33 | Technosport Swim & Tri Club | 4:00.00 |
| 4 | Doucher, Carol-ann | W48 | Aurora Master Ducks Swim Club | 3:50.00 |
| 5 | Bakish, Margaret | W61 | Technosport Swim & Tri Club | 3:45.00 |
| 6 | Twohig, John | M60 | Burlington Masters | 3:10.00 |
| 7 | Leach, Peter | M65 | Technosport Swim & Tri Club | 3:30.00 |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010
In Memory of Gordon Van Tol
Meet Program - Morning

Event 26 Women 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Timed Finals

| | | | | |
|---|-----------------|----|-----------------------------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | Jacques, Sylvie | 37 | Technosport Swim & Tri Club | 5:00.00 |
| 4 | Ranjan, Radhika | 41 | Carleton Place Masters | 4:20.00 |
| 5 | Davis, Angela | 62 | Carleton University Masters | 4:30.00 |
| 6 | | | | |
| 7 | | | | |

Heat 2 of 2 Timed Finals

| | | | | |
|---|-------------------|----|--------------------------------|---------|
| 1 | | | | |
| 2 | Horne, Carolyn | 39 | Nepean Masters Swim Club | 3:20.00 |
| 3 | Evans, Meredith | 27 | Westmount Ymca Masters | 3:08.40 |
| 4 | Marshall, Lynn | 49 | Carleton University Masters | 2:48.00 |
| 5 | Cole, Michelle | 41 | Stittsville Vicious Fish Maste | 3:05.87 |
| 6 | Bayne, Kate | 32 | Aurora Master Ducks Swim Club | 3:15.00 |
| 7 | Cockerton, Sharon | 51 | Nepean Masters Swim Club | 3:40.00 |

Event 27 Men 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Timed Finals

| | | | | |
|---|------------------|----|---------------------------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | Mate, Stephen | 32 | Ottawa Pinecrest Piranhas | NT |
| 4 | Perrin, Marshall | 56 | Ottawa Pinecrest Piranhas | 3:20.00 |
| 5 | Burrows, John | 62 | Nepean Masters Swim Club | NT |
| 6 | | | | |
| 7 | | | | |

Heat 2 of 2 Timed Finals

| | | | | |
|---|-----------------|----|--------------------------------|---------|
| 1 | | | | |
| 2 | Thomson, Eric | 62 | Nepean Masters Swim Club | 2:59.00 |
| 3 | Cordoba, Oliver | 36 | Westmount Ymca Masters | 2:50.78 |
| 4 | Fudge, Nathan | 31 | Carleton University Masters | 2:38.00 |
| 5 | Blais, Darcy | 33 | Nepean Masters Swim Club | 2:50.00 |
| 6 | Dixon, Brent | 51 | Stittsville Vicious Fish Maste | 2:52.00 |
| 7 | | | | |

Event 28 Women 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Timed Finals

| | | | | |
|---|----------------------|----|-------------------------------|---------|
| 1 | Schmitt, Laura | 51 | Sudbury Ys Guys Masters | NT |
| 2 | Robertson, Kelly | 47 | Kanata Masters Swim Club | 3:50.00 |
| 3 | Levett, Jennifer | 38 | Westmount Ymca Masters | 3:45.00 |
| 4 | Desmarais, Catherine | 30 | Technosport Swim & Tri Club | 3:35.00 |
| 5 | Rusu, Liliana | 53 | Carleton Place Masters | 3:35.13 |
| 6 | Mcdowell, Gillian | 41 | Aurora Master Ducks Swim Club | 3:45.00 |
| 7 | Hall, Dorothy | 53 | Aurora Master Ducks Swim Club | 3:55.00 |

2010 Nepean Masters Long Course Swim Meet - 28/02/2010**In Memory of Gordon Van Tol****Meet Program - Morning****Event 29 Men 200 LC Meter Breaststroke**

| Lane | Name | Age | Team | Seed Time |
|---------------------------------|---------------------|-----|--------------------------------|-----------|
| Heat 1 of 1 Timed Finals | | | | |
| 1 | | | | |
| 2 | Chen, George | 38 | Nepean Masters Swim Club | 4:30.00 |
| 3 | Oliver, Eric | 47 | Aurora Master Ducks Swim Club | 3:30.00 |
| 4 | Dodgson, Philip | 43 | Aurora Master Ducks Swim Club | 2:55.00 |
| 5 | Marineau, Luc | 39 | Club des Maitres les Daulphins | 3:20.00 |
| 6 | Grattage, Christian | 38 | Aurora Master Ducks Swim Club | 3:30.00 |
| 7 | | | | |

Event 30 Mixed 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|---------------------------------|------------------|-----|-----------------------------|-----------|
| Heat 1 of 1 Timed Finals | | | | |
| 1 | | | | |
| 2 | | | | |
| 3 | Levesque, Gilles | M47 | Nepean Masters Swim Club | 5:15.00 |
| 4 | Lemieux, Valerie | W37 | Technosport Swim & Tri Club | 3:33.00 |
| 5 | Angus, Patricia | W66 | Technosport Swim & Tri Club | 3:57.00 |
| 6 | Milford, Wendy | W49 | Technosport Swim & Tri Club | NTS |
| 7 | | | | |

Event 11 Mixed 4x50 LC Meter Freestyle Relay

| Lane | Team | Relay | Seed Time |
|---------------------------------|---|--------|-----------|
| Heat 1 of 1 Timed Finals | | | |
| 1 | | | |
| 2 | Nepean Masters Swim Club | X160 B | NT |
| | 1) Bloom, Steve M41 | | |
| 3 | Sudbury Ys Guys Masters | X120 A | NT |
| 4 | Ottawa Y Masters Swim Club | X159 A | 2:15.00 |
| | 1) Allen, Davin M40 2) Belchamber, Eric M32 3) Cumming, Peggy W66 4) Mignault, Raphaëlle W21 | | |
| 5 | Nepean Masters Swim Club | X200 C | 2:45.00 |
| | 1) Doucette, Barry M50 | | |
| 6 | Nepean Masters Swim Club | X120 A | NT |
| | 1) Belair Jones, Nathalie 2) Harris, Jennifer W38 | | |
| 7 | | | |
| 8 | Sudbury Ys Guys Masters | X120 Z | NT |
| | 1) Fera, Lisa W51 2) Fera, Nikki W27 3) Schmitt, Laura W51 4) Smrek, Donna W45 | | |